

## TOOTH COLORED FILLINGS:



Tooth colored fillings are made from durable plastics called composite resins. Similar in color and texture to natural teeth, the fillings are less noticeable than other types of fillings. Since composite resins are tooth-colored they look more natural than other filling materials. Tooth colored fillings are not for every tooth, they work best in small to medium cavities and low stress areas.

You can take care of your tooth colored filling by following a proper brushing and flossing routine. Any filling will last longer with good oral hygiene. Also foods such as juices, sodas, dried fruit and sour candies that are high in sugar and acid content can decrease the longevity of your dental fillings.

*Info provided by:*



**American Academy of Pediatric Dentistry**